

Pregnancy Care

If you are experiencing an unplanned pregnancy, you may feel scared and confused, but you are not alone. We can assist you in making the decisions that are best for you and your baby, whether it be parenting or placing your child for adoption.

We support positive alternatives to abortion by providing:

- Confidential, 24-hour support
- Professional and caring counselors
- Community referrals
- Assistance with living expenses (in accordance with Illinois law)
- Transportation assistance to/from medical appointments
- Adoption options from an accredited and licensed agency in the State of Illinois

Pregnant and need help?

Call **618-353-5294**



Fontebella Maternity Home

If you are pregnant and need housing or a safe, supportive environment while preparing for the birth of your child, you may find help at Fontebella Maternity Home in O'Fallon, Illinois.

Fontebella Maternity Home empowers women facing an unplanned pregnancy by providing them a safe place to live and the resources and support to become independent women and great moms, such as:

- Tutoring and education assistance
- Childbirth and Parenting Classes
- Counseling and Substance Abuse Recovery
- Medical assistance
- Life skills training (nutrition and cooking courses, personal finance, budgeting, effective menu planning and shopping, etc.)
- Employment preparation along with job placement and coaching
- Housing assistance and additional assistance with independent living
- Aftercare resources (training, mentoring, and networking within the community)

Women who come to Fontebella can choose to have a second chance with their new babies and a brand new life full of opportunity.

For information about staying at Fontebella Maternity Home, please call **618.258-8705**.

Adoption

If you are not ready to be a parent, you can still give your baby the gift of life. Adoption is not a selfish decision but a loving choice for your baby's future. It does not mean you are saying good-bye to your baby forever. There are different levels of open adoption involving the on-going exchange of information between the birth parents and the adoptive family, with the best interest of the child at heart.

We match families waiting to adopt with birth parents who have chosen adoption for their child. The birth parents can choose and meet the adoptive family, if desired. The adoptive families then provide regular updates regarding the child which are shared with the birth parents. Open adoptions are the basis of our *Adoption from the Heart* program.

For more information, visit our website or call an Adoption Specialist today at **618-353-5294**.

Creating loving homes since 1947



CARITAS

FAMILY SOLUTIONS